

# NO MORE

## 5K RUN/WALK

### PLEDGE TABLE

TOGETHER WE CAN END DOMESTIC VIOLENCE & SEXUAL ASSAULT

WEDNESDAY APRIL 10th

&

WEDNESDAY APRIL 24th

9:30AM-11:30AM | MCX NEBO

MCLB PATRONS CAN SIGN A

*~NO MORE PLEDGE CARD~*

AND PICK UP A

CIVILIAN EMPLOYEE PARTICIPATION

INSTRUCTION FORM AND

SUPERVISOR APPROVAL FORM